

## **FAMILY COURT SERVICES: RESOURCES FOR PARENTS AND CHILDREN/RECURSOS PARA PADRES Y NIÑOS**

### **\*Spanish Services Available/Servicios Disponible en Español**

#### **24 HOUR CRISIS LINES/LÍNEA DE CRISIS 24 HORAS\***

Child Abuse Listening Mediation	<a href="http://www.calm4kids.org">www.calm4kids.org</a>	1-805-965-2376
Child Welfare Services Hotline (If child is in immediate danger call 9-1-1)		1-800-367-0166
Crisis and Recovery Emergency Services (CARES)	<a href="http://www.countyofsantabarbara.org/behavioral-wellness">www.countyofsantabarbara.org/behavioral-wellness</a>	1-888-868-1649 (Toll free)
Adult Protective Services		805/681-4550 or 805/692-5743 after hours
Domestic Violence Solutions Crisis Line	<a href="http://www.DVsolutions.org">www.DVsolutions.org</a>	1-805-964-5245
Domestic Violence Emergency Shelter		1-805-964-5245
Emergency Psychiatric Services		1-800-895-7800
Helpline: Toll-free 24 hour hotline		1-800-400-1572; (TTY: 1-805-899-8108)
Police/Sheriff/Medical Emergency	9-1-1	
Rape Crisis Center Hotline	<a href="http://www.sbrapecrisiscenter.org">www.sbrapecrisiscenter.org</a>	1-805-564-3696
Suicide Prevention Helpline		211/cell phones: 1-800-400-1572

#### **COUNSELING SERVICES AND CENTERS**

##### **Alcohol, Substance Abuse & Addictions**

Al-Anon/Alateen*	<a href="http://www.alanonsantabarbara.info">www.alanonsantabarbara.info</a>	1-805-899-8302	(Spanish Al-Anon: 1-805-683-6294)
Alcoholics Anonymous*	<a href="http://www.santabarbaraaa.com">www.santabarbaraaa.com</a>		1-805-962-3332
Council on Alcoholism and Drug Abuse*	<a href="http://www.cadasb.org">www.cadasb.org</a>		1-805-963-1433
Project Recovery*	<a href="http://www.cadasb.org">www.cadasb.org</a>		1-805-564-6057 x112
Zona Seca*	<a href="http://www.zonaseca.com">www.zonaseca.com</a>		1-805-963-8961

##### **Anger/Violence**

Anger Management*	<a href="http://www.dvsolutions.org">www.dvsolutions.org</a>	1-805-682-7229
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##### **Co-parenting/Families/Youth Counseling Services (reduced fee or sliding scale)**

Big Brothers/Big Sisters*		1-805-965-1001 x 243
Casa Pacifica	<a href="http://www.casapacificca.org">www.casapacificca.org</a>	1-805-366-4040
Catholic Charities*		1-805-965-7045 x102
Community Counseling Center*	<a href="http://www.ccecsb.org">www.ccecsb.org</a>	1-805-962-3363
Domestic Violence Solutions*	<a href="http://www.dvsolutions.org">www.dvsolutions.org</a>	1-805-686-4390
Family Service Agency Counseling Clinic*	<a href="http://www.fsacares.org">www.fsacares.org</a>	1-805-965-1001
Family Therapy Institute*	<a href="http://www.ftisb.org">www.ftisb.org</a>	1-805-569-2272
Hope Counseling Center	<a href="http://www.hopcounseling.org">www.hopcounseling.org</a>	1-805-681-7384
Hosford Counseling & Psychological Services*	<a href="http://www.education.ucsb.edu/hosford">www.education.ucsb.edu/hosford</a>	1-805-893-8064
Hospice of Santa Barbara (Grief & Loss)*	<a href="http://www.hospiceofsantabarbara.org">www.hospiceofsantabarbara.org</a>	1-805-563-8820
Jewish Family Service Agency	<a href="http://www.jewishsantabarbara.org">www.jewishsantabarbara.org</a>	1-805-957-1116
La Casa de la Raza*	<a href="http://www.lacasadelaraza.org">www.lacasadelaraza.org</a>	1-805-965-8581
New Beginnings Counseling Center*	<a href="http://www.sbnbcc.org">www.sbnbcc.org</a>	1-805-963-7777
Storyteller Children's Center*	<a href="http://www.storytellercenter.org">www.storytellercenter.org</a>	1-805-682-9585
Transition House*	<a href="http://www.transitionshouse.com">www.transitionshouse.com</a>	1-805-966-9668
Victim-Witness Assistance*	<a href="http://www.countyofsb.org/da/victim_witness">www.countyofsb.org/da/victim_witness</a>	1-805-568-2400 Toll free 1-855-840-3232

##### **LEGAL SERVICES**

Community Mediation Program of SB County*	<a href="http://www.cscsb.org">www.cscsb.org</a>	1-805-963-6765
Domestic Violence Restraining Order Clinic*	<a href="http://www.lafsb.org/services">www.lafsb.org/services</a>	1-805-963-6754
Family Law Facilitator*		1-805-882-4660
Lawyer Referral Service of Santa Barbara County	<a href="http://www.sblaw.org">www.sblaw.org</a>	1-805-569-9400
Legal Aid Foundation of Santa Barbara County*	<a href="http://www.lafsb.org/services">www.lafsb.org/services</a>	1-805-963-6754
Legal Resource Center	<a href="http://www.sbcourts.org/sh/lrc">www.sbcourts.org/sh/lrc</a>	1-805-897-1177