

Police Sheriff Medical emergency		9-1-1
Alcohol and drug abuse hotline	Behavioral Wellness Access Line, Santa Barbara County	1-888-868-1649 (toll free)
Child abuse hotline (if a child is in immediate danger, call 9-1-1)	Child Welfare Services, County of Santa Barbara	1-800-367-0166 (toll free)
	Childhelp National Child Abuse Hotline	1-800-422-4453
Domestic violence emergency shelter	Santa Barbara area	1-805-964-5245 (24/7)
	Lompoc area	1-805-736-0965 (24/7)
	Santa Ynez Valley area	1-805-686-4390 (24/7)
	Santa Maria area	1-805-925-2160 (24/7)
Mental health crisis Emergency psychiatric services	Crisis and Recovery Emergency Services (C.A.R.E.S.), Behavioral Wellness Access Line, County of Santa Barbara	1-888-868-1649 (toll free)
Rape Crisis Center hotline	Santa Barbara area	1-805-564-3696 (24/7)
	Lompoc area	1-805-736-7293 (24/7)
	Santa Maria area	1-805-928-3554 (24/7)
Suicide prevention hotline	Behavioral Wellness Access Line, Santa Barbara County	1-888-868-1649 (toll free)
	California Suicide hotline	1-800-400-1572 (toll free)

	National Suicide Prevention Lifeline	1-800-273-8255 (toll free)
	Suicide and Crisis Lifeline	9-8-8 (24/7)
YOUTH: Mobile crisis response	Casa Pacifica's Safe Alternatives for Treating Youth (SAFTY): 20 years and under	1-888-334-2777 (toll free) 8 a.m. – 8 p.m. 365 days/yr.
YOUTH: YouthWell	YouthWell: Resource directory for youth 0-25 and families	1-888-334-2777 crisis line